UP THE ODDA SATURDAY 20TH MAY 2023

HAWKSWORTH DASH JUNIORS RACES
400 METERS FOR 4-6 YEAR OLDS
1 MILE FOR 7&8 YEAR OLDS
1 MILE FOR 9-11 YEAR OLDS

HAWKSWORTH DASH 2 MILE RACE FOR 12-15 YEAR OLDS

MAIN RACE IS 10K WITH 5K,
5K DUO OPTIONS ALSO AVAILABLE
ALL RUNNERS RECEIVE A FANTASTIC TECHNICAL TSHIRT
AND GOODIE BAG

£100 FOR FIRST MALE AND FEMALE PLUS CATEGORY PRIZES FOR 35,40,50,60,70





